



***NUTRITIONAL GUIDE***

# MARTINIS

|                  | Total Calories (kcal) | Calories from fat (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (g) | Fiber (g) | Sugars (g) | Protein (g) |
|------------------|-----------------------|--------------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-----------|------------|-------------|
| Diva             | 220                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 25                      | 0         | 22         | 0           |
| The Clover       | 200                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 21                      | 0         | 20         | 0           |
| Effen Good       | 190                   | 0                        | 0             | 0                 | 0             | 0                | 5           | 16                      | 0         | 13         | 0           |
| Louie's Cosmo    | 250                   | 0                        | 0             | 0                 | 0             | 0                | 5           | 23                      | 1         | 17         | 0           |
| Rat Pack         | 200                   | 10                       | 1             | 0                 | 0             | 0                | 150         | 2                       | 0         | 0          | 0           |
| The Dirty        | 180                   | 10                       | 1             | 0                 | 0             | 0                | 970         | 1                       | 0         | 0          | 0           |
| S'mores          | 360                   | 110                      | 12            | 7                 | 0             | 50               | 10          | 30                      | 0         | 24         | 0           |
| Grand Lemon Drop | 200                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 19                      | 0         | 14         | 0           |
| The Tea Ketel    | 200                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 21                      | 0         | 17         | 0           |
| Main Squeeze     | 210                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 29                      | 1         | 26         | 0           |

# MADE WITH GRAPES

|                         | Total Calories (kcal) | Calories from fat (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (g) | Fiber (g) | Sugars (g) | Protein (g) |
|-------------------------|-----------------------|--------------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-----------|------------|-------------|
| Ruffino (Pinot Grigio)  |                       |                          |               |                   |               |                  |             |                         |           |            |             |
| Glass                   | 120                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 3                       | 0         | 0          | 0           |
| Bottle                  | 620                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 15                      | 0         | 0          | 1           |
| Hogue                   |                       |                          |               |                   |               |                  |             |                         |           |            |             |
| Glass                   | 120                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 6                       | 0         | 0          | 0           |
| Bottle                  | 610                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 28                      | 0         | 0          | 1           |
| Whitehaven              |                       |                          |               |                   |               |                  |             |                         |           |            |             |
| Glass                   | 120                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 3                       | 0         | 0          | 0           |
| Bottle                  | 610                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 15                      | 0         | 0          | 1           |
| Proverb                 |                       |                          |               |                   |               |                  |             |                         |           |            |             |
| Glass                   | 120                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 3                       | 0         | 0          | 0           |
| Bottle                  | 610                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 15                      | 0         | 0          | 1           |
| Chloe                   |                       |                          |               |                   |               |                  |             |                         |           |            |             |
| Glass                   | 110                   | 0                        | 0             | 0                 | 0             | 0                | 5           | 6                       | 0         | 2          | 0           |
| Bottle                  | 560                   | 0                        | 0             | 0                 | 0             | 0                | 25          | 30                      | 0         | 12         | 0           |
| Tom Gore                |                       |                          |               |                   |               |                  |             |                         |           |            |             |
| Glass                   | 110                   | 0                        | 0             | 0                 | 0             | 0                | 5           | 6                       | 0         | 2          | 0           |
| Bottle                  | 560                   | 0                        | 0             | 0                 | 0             | 0                | 25          | 30                      | 0         | 12         | 0           |
| Franciscan              |                       |                          |               |                   |               |                  |             |                         |           |            |             |
| Glass                   | 110                   | 0                        | 0             | 0                 | 0             | 0                | 5           | 6                       | 0         | 2          | 0           |
| Bottle                  | 560                   | 0                        | 0             | 0                 | 0             | 0                | 25          | 30                      | 0         | 12         | 0           |
| Bella Sera              |                       |                          |               |                   |               |                  |             |                         |           |            |             |
| Glass                   | 120                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 8                       | 0         | 0          | 0           |
| Bottle                  | 630                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 40                      | 0         | 0          | 1           |
| Love Noir               |                       |                          |               |                   |               |                  |             |                         |           |            |             |
| Glass                   | 110                   | 0                        | 0             | 0                 | 0             | 0                | 5           | 2                       | 0         | 2          | 0           |
| Bottle                  | 540                   | 0                        | 0             | 0                 | 0             | 0                | 25          | 11                      | 0         | 11         | 0           |
| Prophecy                |                       |                          |               |                   |               |                  |             |                         |           |            |             |
| Glass                   | 120                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 3                       | 0         | 0          | 0           |
| Bottle                  | 620                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 17                      | 0         | 0          | 1           |
| Imagery                 |                       |                          |               |                   |               |                  |             |                         |           |            |             |
| Glass                   | 120                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 3                       | 0         | 0          | 0           |
| Bottle                  | 620                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 17                      | 0         | 0          | 1           |
| Canyon Road             |                       |                          |               |                   |               |                  |             |                         |           |            |             |
| Glass                   | 120                   | 0                        | 0             | 0                 | 0             | 0                | 5           | 4                       | 0         | 1          | 0           |
| Bottle                  | 620                   | 0                        | 0             | 0                 | 0             | 0                | 30          | 19                      | 0         | 5          | 1           |
| Chateau Smith           |                       |                          |               |                   |               |                  |             |                         |           |            |             |
| Glass                   | 120                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 4                       | 0         | 0          | 0           |
| Bottle                  | 620                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 19                      | 0         | 0          | 1           |
| Dark Horse              |                       |                          |               |                   |               |                  |             |                         |           |            |             |
| Glass                   | 120                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 4                       | 0         | 0          | 0           |
| Bottle                  | 620                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 19                      | 0         | 0          | 1           |
| California 37           |                       |                          |               |                   |               |                  |             |                         |           |            |             |
| Glass                   | 120                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 4                       | 0         | 0          | 0           |
| Bottle                  | 620                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 19                      | 0         | 0          | 1           |
| Diseño                  |                       |                          |               |                   |               |                  |             |                         |           |            |             |
| Glass                   | 130                   | 0                        | 0             | 0                 | 0             | 0                | 5           | 4                       | 0         | 1          | 0           |
| Bottle                  | 630                   | 0                        | 0             | 0                 | 0             | 0                | 30          | 19                      | 0         | 5          | 1           |
| La Marca                |                       |                          |               |                   |               |                  |             |                         |           |            |             |
| Glass                   | 130                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 4                       | 0         | 0          | 0           |
| Bottle                  | 660                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 20                      | 0         | 0          | 0           |
| Ruffino (Prosecco Rosé) |                       |                          |               |                   |               |                  |             |                         |           |            |             |
| Glass                   | 130                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 4                       | 0         | 0          | 0           |
| Bottle                  | 660                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 20                      | 0         | 0          | 0           |

## COCKTAILS

|                           | Total Calories (kcal) | Calories from fat (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (g) | Fiber (g) | Sugars (g) | Protein (g) |
|---------------------------|-----------------------|--------------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-----------|------------|-------------|
| Orange Mule               | 230                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 25                      | 0         | 19         | 0           |
| The New Old Fashioned     | 200                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 15                      | 0         | 14         | 0           |
| The Manhattan             | 240                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 7                       | 0         | 2          | 0           |
| The Ultimate Bloody Louie | 280                   | 60                       | 7             | 2                 | 0             | 15               | 1860        | 13                      | 1         | 6          | 6           |
| The Royal Elyx            | 220                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 8                       | 0         | 6          | 0           |
| Cucumber Gimlet           | 210                   | 0                        | 0             | 0                 | 0             | 0                | 10          | 21                      | 0         | 19         | 0           |
| Louvardier                | 150                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 11                      | 0         | 8          | 0           |
| Rye Pineapple Crush       | 230                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 24                      | 0         | 22         | 0           |

## SANGRIAS

|                             | Total Calories (kcal) | Calories from fat (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (g) | Fiber (g) | Sugars (g) | Protein (g) |
|-----------------------------|-----------------------|--------------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-----------|------------|-------------|
| Strawberry Lemonade Sangria |                       |                          |               |                   |               |                  |             |                         |           |            |             |
| Glass                       | 220                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 24                      | 3         | 18         | 1           |
| Pitcher                     | 680                   | 0                        | 0             | 0                 | 0             | 0                | 10          | 76                      | 7         | 60         | 2           |
| Pineapple Express           |                       |                          |               |                   |               |                  |             |                         |           |            |             |
| Glass                       | 350                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 45                      | 3         | 35         | 1           |
| Pitcher                     | 1020                  | 5                        | 1             | 0                 | 0             | 0                | 5           | 131                     | 7         | 100        | 2           |

## MARGARITAS & MOJITOS

|                           | Total Calories (kcal) | Calories from fat (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (g) | Fiber (g) | Sugars (g) | Protein (g) |
|---------------------------|-----------------------|--------------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-----------|------------|-------------|
| Me and Julio Margarita    | 580                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 47                      | 1         | 10         | 0           |
| Strawberry Margarita      | 270                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 33                      | 2         | 28         | 0           |
| Dos Sauza Margarita       | 200                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 23                      | 2         | 17         | 0           |
| Havana Classic Mojito     | 260                   | 0                        | 0             | 0                 | 0             | 0                | 40          | 33                      | 2         | 28         | 0           |
| Spicy Pineapple Margarita | 210                   | 0                        | 0             | 0                 | 0             | 0                | 70          | 22                      | 1         | 19         | 0           |

## SERVING COCA-COLA PRODUCTS

|                      | Total Calories (kcal) | Calories from fat (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (g) | Fiber (g) | Sugars (g) | Protein (g) |
|----------------------|-----------------------|--------------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-----------|------------|-------------|
| Coca Cola            | 150                   | 0                        | 0             | 0                 | 0             | 0                | 10          | 41                      | 0         | 41         | 0           |
| Diet Coke            | 0                     | 0                        | 0             | 0                 | 0             | 0                | 15          | 0                       | 0         | 0          | 0           |
| Sprite               | 150                   | 0                        | 0             | 0                 | 0             | 0                | 35          | 39                      | 0         | 39         | 0           |
| Seagram's Ginger Ale | 140                   | 0                        | 0             | 0                 | 0             | 0                | 45          | 36                      | 0         | 36         | 0           |
| Dr. Pepper           | 170                   | 0                        | 0             | 0                 | 0             | 0                | 55          | 41                      | 0         | 41         | 0           |
| Mr. Pibb             | 150                   | 0                        | 0             | 0                 | 0             | 0                | 20          | 39                      | 0         | 39         | 0           |
| Minute Maid Lemonade | 150                   | 0                        | 0             | 0                 | 0             | 0                | 60          | 39                      | 0         | 39         | 0           |
| Red Bull             | 160                   | 0                        | 0             | 0                 | 0             | 0                | 140         | 40                      | 0         | 39         | 0           |
| Sugar Free Red Bull  | 10                    | 0                        | 0             | 0                 | 0             | 0                | 140         | 4                       | 0         | 0          | 0           |

## APPS

|                                 | Total Calories (kcal) | Calories from fat (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (g) | Fiber (g) | Sugars (g) | Protein (g) |
|---------------------------------|-----------------------|--------------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-----------|------------|-------------|
| Crispy Calamari                 | 570                   | 120                      | 13            | 2                 | 0             | 530              | 1610        | 68                      | 2         | 13         | 42          |
| Tempura Shrimp                  | 600                   | 70                       | 8             | 2                 | 1             | 215              | 4760        | 95                      | 2         | 38         | 34          |
| Loaded Tots                     | 1510                  | 950                      | 105           | 51                | 16            | 250              | 4610        | 86                      | 10        | 4          | 35          |
| Bruschetta Pomodoro             | 660                   | 150                      | 16            | 3                 | 0             | 5                | 1570        | 101                     | 9         | 11         | 27          |
| with shrimp                     | 760                   | 190                      | 21            | 4                 | 0             | 115              | 1970        | 102                     | 9         | 11         | 42          |
| Bavarian Pretzel Sticks         | 1350                  | 610                      | 68            | 20                | 9             | 70               | 6010        | 149                     | 5         | 20         | 33          |
| Spinach & Artichoke Dip         | 910                   | 360                      | 40            | 17                | 0             | 95               | 1820        | 95                      | 14        | 19         | 34          |
| Potstickers                     | 1000                  | 430                      | 47            | 13                | 0             | 70               | 3560        | 116                     | 5         | 35         | 21          |
| Trio Dips & Chips               | 1130                  | 470                      | 52            | 17                | 0             | 90               | 2100        | 124                     | 19        | 24         | 32          |
| Wings                           |                       |                          |               |                   |               |                  |             |                         |           |            |             |
| Boneless (no sauce)             | 580                   | 150                      | 17            | 3                 | 0             | 165              | 1130        | 32                      | 4         | 4          | 70          |
| Boneless with Buffalo Sauce     | 680                   | 220                      | 24            | 5                 | 2             | 165              | 3630        | 40                      | 5         | 10         | 71          |
| Boneless with Barbecue Sauce    | 730                   | 150                      | 17            | 3                 | 0             | 165              | 2350        | 66                      | 14        | 30         | 71          |
| Boneless with Szechwan Sauce    | 750                   | 160                      | 18            | 3                 | 0             | 165              | 2760        | 70                      | 5         | 24         | 72          |
| Boneless with en fuego Sauce    | 640                   | 150                      | 17            | 3                 | 0             | 165              | 1130        | 32                      | 4         | 4          | 70          |
| Traditional (no sauce)          | 330                   | 220                      | 24            | 6                 | 0             | 95               | 130         | 3                       | 1         | 2          | 23          |
| Traditional with Buffalo Sauce  | 430                   | 280                      | 32            | 8                 | 2             | 95               | 2630        | 12                      | 2         | 8          | 24          |
| Traditional with Barbecue Sauce | 480                   | 220                      | 25            | 6                 | 0             | 95               | 1350        | 38                      | 11        | 28         | 23          |
| Traditional with Szechwan Sauce | 500                   | 230                      | 25            | 6                 | 0             | 95               | 1760        | 42                      | 2         | 22         | 25          |
| Traditional with en fuego Sauce | 390                   | 220                      | 24            | 6                 | 0             | 95               | 130         | 3                       | 1         | 2          | 23          |
| Cheese Quesadilla               | 1160                  | 770                      | 86            | 42                | 0             | 190              | 2730        | 51                      | 4         | 4          | 46          |
| with chicken                    | 1440                  | 870                      | 96            | 44                | 0             | 290              | 3360        | 53                      | 5         | 4          | 86          |
| Hummus, Pesto Hummus & Tzatziki | 810                   | 480                      | 53            | 15                | 0             | 0                | 1610        | 59                      | 8         | 7          | 18          |

## APPS CONTINUED

|                       | Total Calories (kcal) | Calories from fat (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (g) | Fiber (g) | Sugars (g) | Protein (g) |
|-----------------------|-----------------------|--------------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-----------|------------|-------------|
| Lettuce Wraps         |                       |                          |               |                   |               |                  |             |                         |           |            |             |
| Ginger Sesame Chicken | 1210                  | 350                      | 38            | 5                 | 0             | 55               | 5680        | 177                     | 10        | 57         | 35          |
| Ginger Garlic Shrimp  | 1220                  | 330                      | 37            | 5                 | 0             | 215              | 5280        | 178                     | 10        | 57         | 42          |
| Tortilla Soup         |                       |                          |               |                   |               |                  |             |                         |           |            |             |
| Cup                   | 180                   | 70                       | 8             | 2                 | 0             | 20               | 990         | 15                      | 4         | 5          | 10          |
| Bowl                  | 310                   | 130                      | 15            | 3                 | 0             | 40               | 1650        | 26                      | 7         | 10         | 19          |

## SLIDERS

|                          | Total Calories (kcal) | Calories from fat (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (g) | Fiber (g) | Sugars (g) | Protein (g) |
|--------------------------|-----------------------|--------------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-----------|------------|-------------|
| Blackened Salmon Sliders | 1220                  | 630                      | 70            | 14                | 0             | 155              | 1920        | 87                      | 6         | 8          | 60          |
| Beef Brisket Sliders     | 990                   | 450                      | 50            | 14                | 0             | 85               | 1470        | 94                      | 5         | 17         | 34          |
| Bacon Chophouse Sliders  | 1100                  | 610                      | 68            | 23                | 0             | 195              | 2790        | 60                      | 1         | 14         | 61          |

## NACHOS

|                         | Total Calories (kcal) | Calories from fat (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (g) | Fiber (g) | Sugars (g) | Protein (g) |
|-------------------------|-----------------------|--------------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-----------|------------|-------------|
| Nachos Libre            | 2380                  | 1180                     | 131           | 65                | 0             | 410              | 5600        | 157                     | 24        | 30         | 118         |
| Chicken Nachos          | 1600                  | 770                      | 85            | 38                | 0             | 305              | 3550        | 111                     | 19        | 22         | 79          |
| Buffalo Chicken Totchos | 2960                  | 1410                     | 156           | 66                | 12            | 465              | 9300        | 209                     | 25        | 36         | 154         |

## FLATBREADS

|                             | Total Calories (kcal) | Calories from fat (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (g) | Fiber (g) | Sugars (g) | Protein (g) |
|-----------------------------|-----------------------|--------------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-----------|------------|-------------|
| Roasted Vegetable Flatbread | 800                   | 330                      | 37            | 15                | 0             | 65               | 1340        | 83                      | 6         | 6          | 30          |
| Verde Chicken Flatbread     | 860                   | 323                      | 36            | 14                | 0             | 94               | 2112        | 89                      | 4         | 6          | 43          |
| Buffalo Chicken Flatbread   | 990                   | 460                      | 51            | 18                | 1             | 125              | 2870        | 78                      | 4         | 6          | 49          |
| Thai Chicken Flatbread      | 990                   | 310                      | 35            | 11                | 0             | 70               | 3760        | 124                     | 6         | 20         | 42          |

## BURGERS

Counts do not include side choices

|                                  | Total Calories (kcal) | Calories from fat (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (g) | Fiber (g) | Sugars (g) | Protein (g) |
|----------------------------------|-----------------------|--------------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-----------|------------|-------------|
| Spiked Bulleit® Bourbon Burger   | 1010                  | 520                      | 58            | 23                | 0             | 175              | 1670        | 71                      | 3         | 36         | 49          |
| with Chicken Breast              | 990                   | 520                      | 58            | 23                | 0             | 175              | 1670        | 71                      | 3         | 36         | 49          |
| with Turkey Burger               | 1010                  | 520                      | 58            | 23                | 0             | 175              | 1670        | 71                      | 3         | 36         | 49          |
| with Portabella                  | 790                   | 520                      | 58            | 23                | 0             | 175              | 1670        | 71                      | 3         | 36         | 49          |
| Backyard BBQ                     | 930                   | 330                      | 37            | 14                | 0             | 70               | 2150        | 54                      | 11        | 14         | 35          |
| with Chicken Breast              | 850                   | 410                      | 45            | 15                | 0             | 165              | 1950        | 50                      | 6         | 16         | 60          |
| with Turkey Burger               | 870                   | 410                      | 46            | 17                | 0             | 215              | 1920        | 48                      | 6         | 14         | 69          |
| with Portabella                  | 650                   | 280                      | 32            | 13                | 0             | 65               | 1770        | 48                      | 6         | 14         | 21          |
| Southwest                        | 1100                  | 670                      | 74            | 34                | 0             | 225              | 2410        | 42                      | 5         | 8          | 63          |
| with Chicken Breast              | 1010                  | 570                      | 63            | 27                | 0             | 200              | 2230        | 41                      | 5         | 7          | 67          |
| with Turkey Burger               | 1040                  | 580                      | 64            | 29                | 0             | 250              | 2200        | 39                      | 5         | 6          | 76          |
| with Portabella                  | 810                   | 490                      | 55            | 26                | 0             | 105              | 2430        | 45                      | 10        | 6          | 42          |
| Blue Louie                       | 770                   | 420                      | 47            | 17                | 1             | 150              | 2360        | 36                      | 3         | 8          | 48          |
| with Chicken Breast              | 680                   | 320                      | 36            | 10                | 1             | 125              | 2180        | 35                      | 3         | 8          | 53          |
| with Turkey Burger               | 710                   | 330                      | 37            | 11                | 1             | 175              | 2150        | 33                      | 3         | 6          | 61          |
| with Portabella                  | 490                   | 250                      | 28            | 9                 | 1             | 30               | 2380        | 39                      | 8         | 6          | 27          |
| Philly                           | 800                   | 440                      | 48            | 18                | 0             | 155              | 1470        | 35                      | 3         | 7          | 51          |
| with Chicken Breast              | 720                   | 340                      | 38            | 11                | 0             | 130              | 1290        | 35                      | 3         | 7          | 55          |
| with Turkey Burger               | 740                   | 340                      | 38            | 12                | 0             | 180              | 1260        | 33                      | 3         | 5          | 64          |
| with Portabella                  | 510                   | 260                      | 29            | 10                | 0             | 35               | 1490        | 39                      | 8         | 5          | 30          |
| Fried Louie                      | 830                   | 470                      | 53            | 21                | 0             | 385              | 1370        | 34                      | 2         | 7          | 56          |
| with Chicken Breast              | 750                   | 380                      | 42            | 14                | 0             | 360              | 1190        | 33                      | 2         | 7          | 60          |
| with Turkey Burger               | 780                   | 380                      | 42            | 15                | 0             | 410              | 1160        | 31                      | 2         | 5          | 69          |
| with Portabella                  | 560                   | 260                      | 28            | 11                | 0             | 260              | 1010        | 31                      | 2         | 5          | 21          |
| Cheeseburger                     | 760                   | 430                      | 48            | 19                | 0             | 175              | 1300        | 33                      | 2         | 6          | 50          |
| with Chicken Breast, with cheese | 680                   | 430                      | 48            | 19                | 0             | 175              | 1300        | 33                      | 2         | 6          | 50          |
| with Turkey Burger, with cheese  | 700                   | 430                      | 48            | 19                | 0             | 175              | 1300        | 33                      | 2         | 6          | 50          |
| with Portabella, with cheese     | 480                   | 190                      | 21            | 5                 | 0             | 0                | 1170        | 66                      | 6         | 5          | 8           |
| Hamburger                        | 600                   | 430                      | 48            | 19                | 0             | 175              | 1300        | 33                      | 2         | 6          | 50          |
| with Chicken Breast              | 520                   | 210                      | 23            | 4                 | 0             | 100              | 850         | 33                      | 2         | 6          | 44          |
| with Turkey Burger               | 540                   | 210                      | 24            | 6                 | 0             | 150              | 820         | 30                      | 2         | 4          | 53          |
| with Portabella                  | 320                   | 90                       | 10            | 2                 | 0             | 0                | 670         | 30                      | 2         | 4          | 5           |

## SALADS

|                    | Total Calories (kcal) | Calories from fat (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (g) | Fiber (g) | Sugars (g) | Protein (g) |
|--------------------|-----------------------|--------------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-----------|------------|-------------|
| BBQ Ranch          | 720                   | 380                      | 41            | 7                 | 1             | 40               | 1480        | 67                      | 15        | 17         | 20          |
| Add portabella     | 450                   | 230                      | 25            | 4                 | 0             | 20               | 1250        | 41                      | 14        | 11         | 17          |
| Add chicken        | 630                   | 270                      | 30            | 5                 | 0             | 115              | 1160        | 34                      | 12        | 8          | 52          |
| Add shrimp         | 570                   | 260                      | 29            | 5                 | 0             | 265              | 1340        | 34                      | 11        | 8          | 45          |
| Add salmon         | 750                   | 400                      | 44            | 8                 | 0             | 150              | 670         | 32                      | 11        | 8          | 58          |
| Pear & Blue Cheese | 1120                  | 580                      | 65            | 13                | 1             | 25               | 1050        | 113                     | 16        | 63         | 19          |
| Add portabella     | 760                   | 320                      | 35            | 8                 | 0             | 25               | 1200        | 92                      | 17        | 61         | 17          |
| Add chicken        | 930                   | 360                      | 40            | 9                 | 0             | 125              | 1110        | 86                      | 16        | 58         | 52          |
| Add shrimp         | 870                   | 350                      | 39            | 9                 | 0             | 270              | 1280        | 85                      | 15        | 58         | 45          |
| Add salmon         | 1050                  | 480                      | 54            | 12                | 0             | 160              | 610         | 84                      | 15        | 58         | 58          |
| Classic Caesar     | 600                   | 370                      | 41            | 10                | 2             | 40               | 1500        | 40                      | 6         | 7          | 16          |
| Add portabella     | 570                   | 370                      | 42            | 9                 | 1             | 40               | 1900        | 33                      | 8         | 9          | 17          |
| Add chicken        | 740                   | 420                      | 46            | 10                | 1             | 140              | 1810        | 27                      | 7         | 6          | 53          |
| Add shrimp         | 690                   | 410                      | 45            | 10                | 1             | 285              | 1990        | 26                      | 6         | 6          | 46          |
| Add salmon         | 870                   | 540                      | 60            | 13                | 1             | 175              | 1320        | 25                      | 6         | 6          | 58          |
| Chop Chop          | 1000                  | 620                      | 69            | 15                | 1             | 150              | 1620        | 63                      | 13        | 16         | 28          |
| Add portabella     | 580                   | 300                      | 33            | 9                 | 0             | 150              | 1710        | 40                      | 15        | 12         | 26          |
| Add chicken        | 750                   | 340                      | 38            | 10                | 0             | 245              | 1620        | 34                      | 13        | 9          | 62          |
| Add shrimp         | 700                   | 330                      | 37            | 10                | 0             | 395              | 1800        | 33                      | 12        | 9          | 55          |
| Add salmon         | 880                   | 470                      | 52            | 14                | 0             | 280              | 1130        | 32                      | 12        | 9          | 67          |
| BLT Wedge          | 690                   | 490                      | 55            | 14                | 1             | 130              | 1290        | 27                      | 3         | 10         | 19          |
| Add portabella     | 660                   | 500                      | 55            | 13                | 0             | 130              | 1700        | 20                      | 5         | 12         | 21          |
| Add chicken        | 840                   | 540                      | 60            | 14                | 0             | 230              | 1610        | 14                      | 4         | 9          | 56          |
| Add shrimp         | 780                   | 530                      | 59            | 14                | 0             | 375              | 1790        | 13                      | 3         | 9          | 49          |
| Add salmon         | 960                   | 660                      | 74            | 17                | 0             | 265              | 1110        | 12                      | 3         | 9          | 62          |

## SANDWICHES

Counts do not include side choices

|                         | Total Calories (kcal) | Calories from fat (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (g) | Fiber (g) | Sugars (g) | Protein (g) |
|-------------------------|-----------------------|--------------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-----------|------------|-------------|
| The Voodoo              | 1030                  | 620                      | 69            | 20                | 1             | 180              | 2360        | 39                      | 4         | 7          | 59          |
| BBQ Pulled Pork         | 960                   | 320                      | 36            | 13                | 0             | 150              | 3660        | 106                     | 17        | 37         | 48          |
| BLTT                    | 980                   | 530                      | 59            | 17                | 0             | 145              | 2160        | 61                      | 5         | 10         | 55          |
| Grilled Veggie Wrap     | 1030                  | 660                      | 74            | 13                | 2             | 15               | 2090        | 73                      | 10        | 12         | 20          |
| Crispy Chicken Melt     | 1100                  | 490                      | 54            | 14                | 0             | 165              | 2710        | 90                      | 2         | 9          | 60          |
| California Chicken Club | 1460                  | 830                      | 92            | 34                | 0             | 225              | 2490        | 71                      | 10        | 10         | 81          |
| Luigi                   | 1060                  | 380                      | 42            | 9                 | 0             | 115              | 2160        | 107                     | 7         | 11         | 60          |
| With cheddar            | 1210                  | 510                      | 56            | 17                | 0             | 165              | 2430        | 107                     | 7         | 11         | 70          |

## PLATES

|                      | Total Calories (kcal) | Calories from fat (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (g) | Fiber (g) | Sugars (g) | Protein (g) |
|----------------------|-----------------------|--------------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-----------|------------|-------------|
| Tuscan Chicken Pasta | 1050                  | 560                      | 62            | 26                | 1             | 240              | 3670        | 46                      | 7         | 8          | 69          |
| Voodoo Pasta         | 1410                  | 730                      | 81            | 28                | 1             | 355              | 3240        | 98                      | 11        | 12         | 63          |
| Drunken Fish & Chips | 1510                  | 630                      | 70            | 12                | 0             | 140              | 4070        | 155                     | 10        | 7          | 61          |
| Voodoo Chicken       | 1400                  | 850                      | 95            | 39                | 2             | 340              | 3240        | 63                      | 8         | 4          | 55          |

## STREET TACOS

|                | Total Calories (kcal) | Calories from fat (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (g) | Fiber (g) | Sugars (g) | Protein (g) |
|----------------|-----------------------|--------------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-----------|------------|-------------|
| Chicken        | 710                   | 230                      | 25            | 4                 | 1             | 55               | 2410        | 83                      | 10        | 9          | 34          |
| Blackened Fish | 760                   | 220                      | 24            | 4                 | 2             | 75               | 2560        | 89                      | 12        | 12         | 45          |

## DESSERTS

|                   | Total Calories (kcal) | Calories from fat (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (g) | Fiber (g) | Sugars (g) | Protein (g) |
|-------------------|-----------------------|--------------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-----------|------------|-------------|
| Key Lime 'Shiner' | 930                   | 250                      | 28            | 12                | 0             | 85               | 870         | 153                     | 1         | 120        | 13          |
| Chocolate Cake    | 1370                  | 660                      | 73            | 38                | 0             | 145              | 960         | 162                     | 10        | 113        | 16          |

## EXTRAS

|              | Total Calories (kcal) | Calories from fat (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (g) | Fiber (g) | Sugars (g) | Protein (g) |
|--------------|-----------------------|--------------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-----------|------------|-------------|
| Tots         | 300                   | 150                      | 16            | 8                 | 7             | 15               | 720         | 31                      | 4         | 0          | 3           |
| Fries        | 260                   | 100                      | 11            | 3                 | 0             | 0                | 500         | 36                      | 3         | 0          | 4           |
| Loaded Tots  | 570                   | 320                      | 36            | 16                | 9             | 60               | 1460        | 44                      | 5         | 2          | 10          |
| Loaded Fries | 440                   | 230                      | 26            | 8                 | 0             | 40               | 1020        | 39                      | 4         | 2          | 9           |
| House Salad  | 210                   | 45                       | 5             | 1                 | 1             | 0                | 460         | 33                      | 6         | 6          | 9           |

## EXTRAS CONTINUED

|                    | Total Calories (kcal) | Calories from fat (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (g) | Fiber (g) | Sugars (g) | Protein (g) |
|--------------------|-----------------------|--------------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-----------|------------|-------------|
| Mac & Cheese       | 540                   | 340                      | 37            | 20                | 0             | 115              | 980         | 25                      | 1         | 3          | 20          |
| Broccoli           | 80                    | 5                        | 1             | 0                 | 0             | 0                | 650         | 12                      | 5         | 3          | 5           |
| Black Beans & Rice | 210                   | 45                       | 5             | 1                 | 1             | 0                | 730         | 33                      | 4         | 1          | 6           |

## BREADS

|                                | Total Calories (kcal) | Calories from fat (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (g) | Fiber (g) | Sugars (g) | Protein (g) |
|--------------------------------|-----------------------|--------------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-----------|------------|-------------|
| Crostinis (5 pieces)           | 260                   | 0                        | 0             | 0                 | 0             | 0                | 700         | 51                      | 3         | 3          | 13          |
| Parmesan Toast Point (1 piece) | 160                   | 40                       | 4             | 1                 | 1             | 0                | 400         | 24                      | 1         | 1          | 6           |
| Torpedo Roll (1 slice)         | 140                   | 25                       | 3             | 0                 | 0             | 0                | 400         | 26                      | 2         | 1          | 5           |

## SAUCES & TOPPING

|                                   | Total Calories (kcal) | Calories from fat (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (g) | Fiber (g) | Sugars (g) | Protein (g) |
|-----------------------------------|-----------------------|--------------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-----------|------------|-------------|
| Buffalo Sauce (1 serving)         | 70                    | 40                       | 5             | 1                 | 1             | 0                | 1670        | 6                       | 1         | 4          | 0           |
| BBQ Sauce (1 serving)             | 60                    | 0                        | 0             | 0                 | 0             | 0                | 560         | 14                      | 6         | 9          | 0           |
| Cinnamon Butter (1 serving)       | 290                   | 270                      | 30            | 7                 | 9             | 0                | 240         | 6                       | 0         | 5          | 0           |
| Cocktail Sauce (1 serving)        | 50                    | 0                        | 0             | 0                 | 0             | 0                | 590         | 12                      | 0         | 12         | 0           |
| Enfuego Sauce (1 serving)         | 60                    | 0                        | 0             | 0                 | 0             | 0                | 740         | 13                      | 0         | 10         | 1           |
| Honey Mustard (1 serving)         | 190                   | 130                      | 15            | 2                 | 0             | 15               | 680         | 15                      | 1         | 10         | 2           |
| Marinara Sauce (1 serving)        | 40                    | 25                       | 3             | 0                 | 0             | 0                | 190         | 3                       | 1         | 1          | 1           |
| Pico De Gallo (1 serving)         | 10                    | 0                        | 0             | 0                 | 0             | 0                | 75          | 3                       | 1         | 2          | 1           |
| Queso Sauce (1 serving)           | 190                   | 160                      | 17            | 11                | 0             | 60               | 240         | 1                       | 0         | 0          | 8           |
| Salsa (1 serving)                 | 10                    | 0                        | 0             | 0                 | 0             | 0                | 230         | 2                       | 1         | 1          | 0           |
| Sour Cream (1 serving)            | 70                    | 50                       | 6             | 4                 | 0             | 25               | 30          | 2                       | 0         | 2          | 2           |
| Spicy Szechwan Sauce (1 serving)  | 120                   | 5                        | 1             | 0                 | 0             | 0                | 1090        | 26                      | 1         | 13         | 1           |
| Thai Chili Lime Sauce (1 serving) | 120                   | 0                        | 0             | 0                 | 0             | 0                | 580         | 30                      | 0         | 20         | 0           |

## BURGER NIGHT

(where available)

|  | Total Calories (kcal) | Calories from fat (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (g) | Fiber (g) | Sugars (g) | Protein (g) |
|--|-----------------------|--------------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-----------|------------|-------------|
| Beef Patty w/ lettuce & bun only               | 430                   | 170                      | 20            | 5                 | 0             | 0                | 1200        | 58                      | 3         | 6          | 9           |
| Chicken Filet w/ lettuce & bun only            | 500                   | 300                      | 23            | 5                 | 0             | 100              | 450         | 27                      | 1         | 2          | 43          |
| Turkey Burger Patty w/ lettuce & bun only      | 520                   | 210                      | 24            | 7                 | 0             | 150              | 420         | 25                      | 1         | 0          | 52          |
| Cheddar Cheese (2 slices)                      | 160                   | 120                      | 14            | 8                 | 0             | 50               | 270         | 0                       | 0         | 0          | 10          |
| Provolone Cheese (2 slices)                    | 160                   | 110                      | 12            | 6                 | 0             | 30               | 360         | 0                       | 0         | 0          | 10          |
| Pepper Jack Cheese (2 slices)                  | 150                   | 110                      | 12            | 8                 | 0             | 40               | 710         | 2                       | 0         | 0          | 8           |
| Swiss Cheese (2 slices)                        | 300                   | 190                      | 22            | 13                | 0             | 65               | 160         | 3                       | 0         | 0          | 22          |
| American Cheese (2 slices)                     | 140                   | 110                      | 12            | 8                 | 0             | 30               | 480         | 2                       | 0         | 0          | 8           |
| Mozzarella and Provolone Cheese Mix (2 ounces) | 190                   | 130                      | 14            | 8                 | 0             | 40               | 410         | 1                       | 0         | 0          | 12          |
| Parmesan Blue Cheese Crust (2 ounces)          | 200                   | 130                      | 15            | 8                 | 0             | 40               | 660         | 4                       | 0         | 0          | 11          |
| Blue Cheese Crumbles (2 ounces)                | 200                   | 140                      | 16            | 10                | 0             | 50               | 760         | 0                       | 0         | 0          | 12          |
| Tomato Slices (2 slices)                       | 5                     | 0                        | 0             | 0                 | 0             | 0                | 0           | 1                       | 0         | 0          | 0           |
| Red Onion Slices (1 ounce)                     | 10                    | 0                        | 0             | 0                 | 0             | 0                | 0           | 3                       | 0         | 1          | 0           |
| Grilled Onions (2 fluid ounces)                | 20                    | 5                        | 1             | 0                 | 0             | 0                | 25          | 3                       | 0         | 1          | 0           |
| Fried Onion Strings (1 ounce)                  | 50                    | 15                       | 2             | 0                 | 0             | 0                | 140         | 7                       | 1         | 2          | 1           |
| Dill Pickle Slices (3 slices)                  | 5                     | 0                        | 0             | 0                 | 0             | 0                | 140         | 0                       | 0         | 0          | 0           |
| Marinated Mushrooms (2 fluid ounces)           | 20                    | 15                       | 2             | 0                 | 0             | 0                | 55          | 1                       | 0         | 0          | 1           |
| Chopped Jalapeno Peppers (1 ounce)             | 10                    | 0                        | 0             | 0                 | 0             | 0                | 0           | 2                       | 1         | 1          | 0           |
| Guacamole (1.5 fluid ounces)                   | 70                    | 50                       | 6             | 1                 | 0             | 0                | 55          | 3                       | 2         | 0          | 1           |
| Bacon (2 slices)                               | 80                    | 60                       | 7             | 2                 | 0             | 15               | 280         | 0                       | 0         | 0          | 5           |
| Giardiniera (2 fluid ounces)                   | 100                   | 80                       | 9             | 1                 | 0             | 0                | 200         | 4                       | 0         | 2          | 0           |
| Avocado (0.25 avocados)                        | 60                    | 50                       | 6             | 1                 | 0             | 0                | 0           | 3                       | 3         | 0          | 1           |
| Mayonnaise (2 tablespoons)                     | 200                   | 200                      | 22            | 3                 | 0             | 20               | 110         | 2                       | 0         | 2          | 0           |
| BBQ Ranch                                      | 210                   | 160                      | 18            | 3                 | 0             | 20               | 55          | 11                      | 2         | 8          | 1           |
| Blue Cheese Dressing (2 ounces)                | 270                   | 250                      | 28            | 5                 | 0             | 30               | 250         | 3                       | 0         | 3          | 2           |
| Pesto Mayo (1 tablespoon)                      | 90                    | 80                       | 9             | 1                 | 0             | 5                | 50          | 1                       | 0         | 1          | 0           |
| Ranch  | 260                   | 240                      | 26            | 4                 | 0             | 30               | 410         | 4                       | 0         | 4          | 2           |

# BRUNCH

(where available)

|                                   | Total Calories (kcal) | Calories from fat (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (g) | Fiber (g) | Sugars (g) | Protein (g) |
|-----------------------------------|-----------------------|--------------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-----------|------------|-------------|
| Egg's Bennie                      | 1170                  | 720                      | 81            | 26                | 18            | 490              | 2490        | 74                      | 6         | 5          | 35          |
| Big Louie Breakfast               | 1000                  | 380                      | 42            | 15                | 9             | 445              | 1650        | 132                     | 6         | 61         | 22          |
| Little Louie Breakfast            | 560                   | 300                      | 34            | 14                | 9             | 445              | 1090        | 41                      | 5         | 1          | 17          |
| Huevos Rancheros                  | 780                   | 250                      | 28            | 6                 | 0             | 425              | 2820        | 99                      | 10        | 8          | 32          |
| Breakfast Nachos                  | 1480                  | 760                      | 84            | 33                | 0             | 580              | 4440        | 99                      | 12        | 24         | 70          |
| Bacon & Egg Sandwich              | 1180                  | 760                      | 84            | 26                | 0             | 525              | 1650        | 59                      | 5         | 6          | 49          |
| Granola, Fruit & Yogurt           | 340                   | 50                       | 5             | 2                 | 0             | 15               | 200         | 61                      | 3         | 47         | 12          |
| PB & J Cakes                      | 1080                  | 330                      | 37            | 15                | 0             | 60               | 1710        | 163                     | 4         | 66         | 17          |
| Buttermilk Pancakes               | 1050                  | 430                      | 48            | 18                | 7             | 60               | 1280        | 141                     | 2         | 78         | 9           |
| Blueberry Pancakes                | 1300                  | 460                      | 52            | 18                | 7             | 60               | 1830        | 190                     | 4         | 91         | 14          |
| Chocolate Chip Pancakes           | 1250                  | 460                      | 51            | 18                | 7             | 60               | 1830        | 180                     | 3         | 84         | 14          |
| Strawberry Banana Pancakes        | 1120                  | 260                      | 29            | 13                | 0             | 60               | 1650        | 195                     | 5         | 93         | 14          |
| Breakfast Sliders                 | 1040                  | 500                      | 55            | 23                | 9             | 500              | 2640        | 87                      | 5         | 7          | 40          |
| Hangover Helper w/ Bacon          | 1070                  | 680                      | 75            | 34                | 9             | 560              | 2460        | 53                      | 7         | 6          | 35          |
| Hangover Helper w/ Chorizo        | 1000                  | 630                      | 69            | 32                | 9             | 550              | 2300        | 55                      | 7         | 7          | 30          |
| Southwest Flatbread               | 1330                  | 680                      | 75            | 30                | 3             | 765              | 2270        | 104                     | 8         | 10         | 58          |
| Breakfast Flatbread               | 1050                  | 510                      | 57            | 23                | 2             | 540              | 1560        | 85                      | 4         | 3          | 44          |
| Florentine Flatbread              | 960                   | 400                      | 44            | 16                | 0             | 65               | 1620        | 86                      | 6         | 6          | 48          |
| Garden Fresh Omelet w/ tater tots | 1370                  | 920                      | 103           | 36                | 9             | 755              | 1580        | 58                      | 7         | 10         | 48          |
| Wild West Omelet                  | 1240                  | 720                      | 80            | 31                | 9             | 750              | 2610        | 75                      | 8         | 4          | 52          |
| Harvest Omelet                    | 700                   | 380                      | 42            | 13                | 0             | 665              | 1550        | 44                      | 5         | 13         | 37          |
| BYO Omelet                        | 880                   | 480                      | 53            | 18                | 9             | 660              | 1660        | 67                      | 7         | 2          | 28          |
| Tomato                            | 5                     | 0                        | 0             | 0                 | 0             | 0                | 0           | 1                       | 0         | 0          | 0           |
| Jalapeno                          | 10                    | 0                        | 0             | 0                 | 0             | 0                | 0           | 2                       | 1         | 1          | 0           |
| Bell Pepper                       | 5                     | 0                        | 0             | 0                 | 0             | 0                | 0           | 1                       | 0         | 1          | 0           |
| Red Onion Slices                  | 10                    | 0                        | 0             | 0                 | 0             | 0                | 0           | 3                       | 0         | 1          | 0           |
| Grilled Onion                     | 20                    | 5                        | 1             | 0                 | 0             | 0                | 25          | 3                       | 0         | 1          | 0           |
| Mushrooms                         | 20                    | 15                       | 2             | 0                 | 0             | 0                | 55          | 1                       | 0         | 0          | 1           |
| Broccoli                          | 70                    | 5                        | 1             | 0                 | 0             | 0                | 55          | 11                      | 4         | 3          | 5           |
| Zucchini                          | 10                    | 0                        | 0             | 0                 | 0             | 0                | 5           | 2                       | 1         | 1          | 1           |
| Avocado                           | 60                    | 50                       | 6             | 1                 | 0             | 0                | 0           | 3                       | 3         | 0          | 1           |
| Cheddar Cheese                    | 160                   | 120                      | 14            | 8                 | 0             | 50               | 270         | 0                       | 0         | 0          | 10          |
| Swiss Cheese                      | 300                   | 190                      | 22            | 13                | 0             | 65               | 160         | 3                       | 0         | 0          | 22          |
| Provolone Cheese                  | 190                   | 130                      | 14            | 8                 | 0             | 40               | 410         | 1                       | 0         | 0          | 12          |
| American Cheese                   | 140                   | 110                      | 12            | 8                 | 0             | 30               | 480         | 2                       | 0         | 0          | 8           |
| Bacon                             | 80                    | 60                       | 7             | 2                 | 0             | 15               | 280         | 0                       | 0         | 0          | 5           |
| Ham                               | 70                    | 25                       | 3             | 1                 | 0             | 30               | 650         | 0                       | 0         | 0          | 11          |
| Andouille Sausage                 | 170                   | 140                      | 15            | 5                 | 0             | 35               | 530         | 1                       | 0         | 0          | 7           |
| Chorizo                           | 160                   | 120                      | 13            | 5                 | 0             | 30               | 750         | 4                       | 0         | 2          | 8           |
| Turkey                            | 150                   | 35                       | 4             | 0                 | 0             | 65               | 1000        | 3                       | 0         | 3          | 28          |
| Chicken                           | 140                   | 15                       | 2             | 0                 | 0             | 75               | 85          | 0                       | 0         | 0          | 29          |
| Portabella                        | 100                   | 50                       | 6             | 1                 | 0             | 0                | 720         | 9                       | 3         | 3          | 4           |
| Shrimp                            | 140                   | 20                       | 2             | 0                 | 0             | 215              | 210         | 1                       | 0         | 0          | 29          |
| Side of Ham                       | 70                    | 25                       | 3             | 1                 | 0             | 30               | 650         | 0                       | 0         | 0          | 11          |
| Fruit Cup                         | 50                    | 0                        | 0             | 0                 | 0             | 0                | 10          | 12                      | 2         | 9          | 1           |
| Side of Bacon                     | 80                    | 60                       | 7             | 2                 | 0             | 15               | 280         | 0                       | 0         | 0          | 5           |
| Extra Egg                         | 90                    | 60                       | 6             | 2                 | 0             | 210              | 80          | 0                       | 0         | 0          | 6           |
| Side of Toast                     | 200                   | 90                       | 10            | 2                 | 0             | 0                | 460         | 26                      | 2         | 1          | 5           |
| Ultimate Mimosa                   | 200                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 17                      | 0         | 13         | 1           |
| Ultimate Bloody Maria             | 270                   | 60                       | 7             | 2                 | 0             | 15               | 1990        | 12                      | 1         | 6          | 6           |
| Ultimate Bloody Louie             | 290                   | 60                       | 7             | 2                 | 0             | 15               | 2140        | 14                      | 1         | 8          | 7           |
| Beer-Mosa                         | 180                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 10                      | 0         | 4          | 0           |
| Man-Mosa                          | 180                   | 0                        | 0             | 0                 | 0             | 0                | 0           | 10                      | 0         | 4          | 0           |
| Breakfast Sangria                 | 200                   | 0                        | 0             | 0                 | 0             | 0                | 20          | 20                      | 1         | 15         | 0           |

# KIDS

|                                    | Total Calories (kcal) | Calories from fat (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (g) | Fiber (g) | Sugars (g) | Protein (g) |
|------------------------------------|-----------------------|--------------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-----------|------------|-------------|
| Mini Cheesy Burgers & Fries        | 540                   | 240                      | 27            | 10                | 0             | 95               | 780         | 42                      | 1         | 4          | 30          |
| Crispy Flatbread Pizza (Cheese)    | 340                   | 130                      | 14            | 7                 | 0             | 30               | 630         | 37                      | 2         | 1          | 14          |
| Crispy Flatbread Pizza (Pepperoni) | 390                   | 170                      | 19            | 9                 | 0             | 40               | 810         | 37                      | 2         | 1          | 16          |
| Mac & Cheese                       | 1030                  | 650                      | 72            | 40                | 0             | 230              | 1860        | 47                      | 2         | 6          | 39          |
| Chicken Fingers & Fries            | 570                   | 250                      | 28            | 5                 | 0             | 95               | 1430        | 43                      | 3         | 11         | 38          |
| Grilled Cheese & Fries             | 830                   | 440                      | 49            | 22                | 0             | 60               | 1710        | 72                      | 5         | 4          | 29          |
| Noodlely Noodles w/ Butter         | 410                   | 220                      | 25            | 5                 | 7             | 0                | 180         | 36                      | 2         | 0          | 7           |

## KIDS CONTINUED

|                                   | Total Calories<br>(kcal) | Calories from<br>fat (kcal) | Total Fat<br>(g) | Saturated Fat<br>(g) | Trans Fat<br>(g) | Cholesterol<br>(mg) | Sodium<br>(mg) | Total Carbohydrates<br>(g) | Fiber<br>(g) | Sugars<br>(g) | Protein<br>(g) |
|-----------------------------------|--------------------------|-----------------------------|------------------|----------------------|------------------|---------------------|----------------|----------------------------|--------------|---------------|----------------|
| Noodley Noodles w/ Alfredo Sauce  | 490                      | 250                         | 27               | 14                   | 0                | 95                  | 240            | 41                         | 2            | 2             | 13             |
| Noodley Noodles w/ Marinara Sauce | 300                      | 50                          | 5                | 0                    | 0                | 0                   | 950            | 55                         | 3            | 17            | 7              |
| Kids Sundae                       | 280                      | 100                         | 11               | 8                    | 0                | 25                  | 85             | 43                         | 0            | 35            | 2              |

A 2,000 calorie daily diet is used as the basis for general nutrition advice; however, individual calorie needs may vary. Nutritional information and ingredient statements are based on current formulations and standard recipes, using data provided by our suppliers and distributors, and are meant to provide a general estimate of nutritional values associated with our menu items. All nutritional information is based on average values for ingredients from our suppliers throughout the U.S. and is rounded to the nearest whole number to meet current U.S. F.D.A. N.L.E.A. guidelines. Variations can be expected due to seasonal influences, differences in product preparation per restaurant, substitution of ingredients, customized ordering and other factors. Some menu items, including test products and regional items, may not be available in all restaurants. If you have food allergies, you should know that we use milk, eggs, tree nuts, peanuts, seafood, soy, wheat, sesame products, crustacean shellfish, fish, sulfites and other allergens in our kitchens. Unless otherwise noted, items are prepared in common areas and food prepared at our restaurants may come in contact with or contain traces of these products and other potential allergens or ingredients. This information was updated as of April 6, 2018.